



The [National Healthy Schools Collaborative \(NHSC\)](#) is a collective impact group of organizations working in health and education brought together by Kaiser Permanente Thriving Schools. Part of our mission is to coordinate practices for health in education so every school succeeds, every educator excels, and every child thrives. That's why we're proud to share this **comprehensive list of events and materials designed to help provide parents, educators, school staff, pediatricians, administrators and/or more with helpful information as the 2023-2024 school year begins.** The following resources are available at no cost and can be shared widely. Have a great year!

## Events

*Click on the links below to register or to find out more information.*

- **8/9 Recording: [A Welcoming and Healthy Return to School: Ensuring Showing Up](#)**  
WEBINAR: *Attendance Works and the Institute for Educational Leadership*
- **8/25 Recording: [Reading, Writing, and Resilience: Addressing Back-to-School Anxiety](#)**  
WEBINAR: *American Academy of Pediatrics*
- **9/14: [HIPAA, FERPA, and School Health: Confidentiality and Information Sharing in School-Based Health Care](#)**  
WEBINAR: *School-Based Health Alliance*
- **9/27: [Sustaining Success: Investing in Showing Up](#)**  
WEBINAR: *Attendance Works*
- **10/5: [The Relationship between Student Mental Health & Student Attendance](#)**  
WEBINAR: *American Academy of Pediatrics*

## Resources & Materials

*For Families:*

- **[Health Handouts for Families](#)** *Including Health Guidance for Going to School by Attendance Works, Kaiser Permanente and National Association of School Nurses as well as a Handout on Anxiety.*
- **[Back-to-School Toolkit \(with resources and recipes\)](#)** *Alliance for a Healthier Generation and Del Monte Foods*
- **[Healthy Day Toolkit](#)** *Alliance for a Healthier Generation and Kohl's*
- **[5 Ways to Have a Healthy School Year](#)** *American Academy of Pediatrics HealthyChildren.org*
- **[IEPs and 504 Plans: A Guide for Parents to Get the Help Their Child Needs](#)** *American Academy of Pediatrics HealthyChildren.org*
- **[Dealing with Problems at School: How to Talk with Your Child's Teacher](#)** *American Academy of Pediatrics HealthyChildren.org*

- [Back-to-School Checklist](#) *American Academy of Pediatrics HealthyChildren.org*
- [School Safety During an Emergency or Crisis](#) *American Academy of Pediatrics HealthyChildren.org*
- [Health Problems at School: How School Nurses Can Help](#) *American Academy of Pediatrics HealthyChildren.org*
- [Backpack Safety](#) *American Academy of Pediatrics*
- [Help Your Child Manage Anxiety: Tips for Home and School](#) *American Academy of Pediatrics*

#### *For School Administrators:*

- [American Rescue Plan Funding: How Districts are Using Them and How Students Will be Impacted When it Runs Out](#) *American Association of School Administrators*

#### *For School Staff:*

- [Healthy & Ready Back-to-School Resources - Self-Care Strategies](#), (requires login - must create an account) *Alliance for a Healthier Generation and Kaiser Permanente*
- [Healthy & Ready Back-to-School Resources - Recognizing and Addressing Early Signs of Employee Burnout](#) *Kaiser Permanente*
- [Back-to-School Toolkit for School Nurses](#) *National Association of School Nurses*

#### *For Students:*

- [Healthy & Ready Back-to-School Resources - Presence of Mind Videos for Managing Youth Mental Health](#) *Kaiser Permanente*

#### *Policy and Funding:*

- [Brief: Healthy Schools Can Mitigate Ongoing Racial Inequities in Education](#) *Child Trends*
- [Brief: Healthy Schools Can Create More Racially Equitable Communities](#) *Child Trends*
- [New Guidance for Medicaid Funded School Health Services](#) *Healthy Schools Campaign*

*The National Healthy Schools Collaborative is responsible for establishing the **Ten Year Roadmap for Healthy Schools**. The mission of the Roadmap is to identify bold, ambitious, action-oriented opportunities that have the potential to dramatically increase the number of healthy schools over the next decade*

#### **NHSC Members:**

Action for Healthy Kids (AFHK) . Alliance for a Healthier Generation (HG) . American Academy of Pediatrics (AAP) . American Association of School Administrators (AASA) . Attendance Works . Center for Disease Control and Prevention(CDC) . Child Trends . Healthy Schools Campaign . National Association of School Nurses (NASN) . National Association of State Boards of Education (NASBE) . National Education Association (NEA) . Opportunity Labs . Playworks . Center for School Health Innovation & Quality . School Social Work Association (SSWA) . School-based Health Alliance (SBHA) . SHAPE America