

#### **Kaiser Permanente Thriving Schools**

A partnership for healthy students, staff & teachers

**Unions in Schools: Important Partnerships** 

November 17, 2016



### Webinar Series for School Employee Wellness

Sustaining School Employee Wellness

October 26

Supporting
Employees –
Stress
Reduction &
Trauma
Informed
Care
November 10

Unions in Schools: Important Partnerships

November 17

All webinars will be recorded and posted on kp.org/thrivingschools



# **Our Objectives Today**

 Define a labor management partnership for wellness 2. Learn about district approach to leveraging partnership to support wellness

3. Uncover myths and discover opportunities for working in partnership



#### **Introductions**



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# Poll- Who is joining us today?



# What is a labor management partnership?

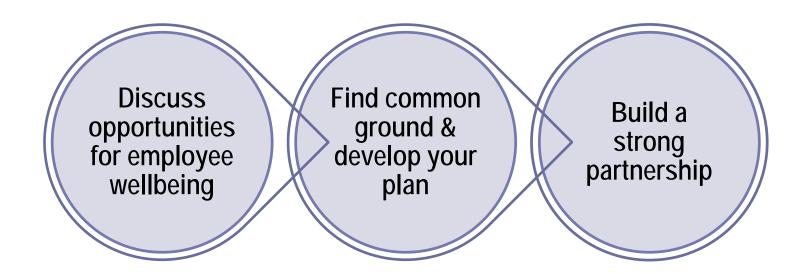
A labor management partnership is a strategy for innovation and performance. It requires the <u>inclusion and active participation</u> of union members as well as district & school administrators: each bring diverse perspectives, knowledge, skills, and expertise

**SOURCE:** What is labor management partnership? (2016). Retrieved from <a href="http://www.lmpartnership.org/sites/default/files/what\_is\_lmp\_2016\_final.pdf">http://www.lmpartnership.org/sites/default/files/what\_is\_lmp\_2016\_final.pdf</a>



# Create a partnership focused on wellness

Compared to other programs, wellness programs developed by labor management partnerships tend to be more sustainable, and better received by school employees





#### Unions make a Difference in Wellness Success

# Union participation provides:

- Trusted negotiators & communicators
- Insight into employee perceptions
- Sustainable structures participatory decision making, communications, leadership development, employee involvement

# Risks of moving without union support:

- Higher risk of employee backlash
- Higher risk of resistance and rejection
- Lower levels of participation in activities
- Less diversity



# At a glance: San Leandro Unified School District (SLUSD)

# Diverse school district located in the San Francisco Bay Area- California

~1,200 employees\*

8,712 students (TK-12)

24% English Learner students

63% of students on Free & Reduced lunch

15% of students in Special Education programs





<sup>\*3</sup> labor unions & 1 management association

# SLUSD Wellness Journey...







## SLUSD phases of partnership to support wellness



**Preliminary** Discovery



Plan Together



**Analyze** 



**Implement Partnership** 

Myths at each stage can cause potential roadblocks to your joint wellness work





# PHASE One: Preliminary Discovery

# **MYTH #1**

 Unions and management will struggle to agree on where to start

# **DISCOVERY**

 Health and wellness is in the best interest of all





# **PHASE One: Preliminary Discovery**

"The purpose of this committee is to explore ways to increase the wellness of San Leandro Teacher's Association (SLTA) members and to make recommendations to the SLTA Executive Board and School Board to promote a healthy environment."

- 2015/2016 Agreement between the Board of Education of the San Leandro Unified School District and the San Leandro Teachers' Association





# **PHASE One: Preliminary Discovery**

#### Discuss opportunities for employee wellbeing:

- How is the external environment impacting people's health (ex: long commutes, tight schedules, no time to shop for food, no place to exercise)?
- 2 How can the school environment support healthy behaviors?
- Do you see signs that employees might be enthusiastic about wellness programs? What concerns would school employees have about participating in a wellness program?
- What is a first step that we can take together to (further) develop our employee wellness program?



#### PHASE Two: Plan Together

#### **MYTH #2**

 Districts struggle to support employee wellness due to limited resources

# **DISCOVERY**

 Through effective partnership and shared responsibilities with unions, districts can make wellness a priority and leverage relationships to allocate and identify resources.





# PHASE Two: Plan Together



# Labor Management Committee

School-level staff lounge interest survey



# Staff Lounge Renovation









### Phase Three: Analyze

#### **MYTH #3**

 Those who plan employee wellness initiatives know the best programs/ activities to implement

# DISCOVERY

Second employee survey
 (district-wide): communicated
 and coordinated through school
 administration and labor unions
 to encourage employees to
 share their expectations and
 perceptions about wellness.
 Also, employees are interested
 in ongoing rather than one-time
 activities/programs.





# Phase Three: Analyze

Employee interest survey results showed a range of health topics that SLUSD employees wanted:

**Physical Activity** 

**Stress Management** 

**Health Services** 

**Healthy Eating** 

Weight Management

**Organized Team Sports** 

**Injury Prevention** 

Other



# Phase Four: Implement in Partnership (new round of wellness efforts)

#### **MYTH #4**

District does not value wellness efforts

#### **DISCOVERY**

 School administrators in close partnership with unions are committed to promoting health and wellness for students, families, and employees.





# Phase Four: Implement in Partnership (new round of wellness efforts)

#### **District Staffing** for Wellness

- Health Educator
- Wellness Champion
- Wellness Liaison





WELLNESS

PRACTICES

FOR EACH

SCHOOL

### Partnership in wellness leads to a win-win

"Employee wellness programs are a win-win. Employers like them because their workforce stays healthy and misses fewer work days. Employees like having access to health information at a convenient source, their workplace."



-National Dairy Council





# Next Steps YOU Can Take

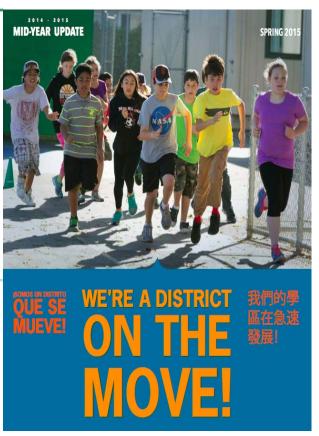


Start the conversation: Create a new, or identify any existing, labormanagement partnerships for wellness in your district.





Don't get stuck on common myths/fears. Discover how to make a labor-management partnership work for your district.





#### **Questions & Answers**



