Since the onset of the COVID-19 pandemic, students and educators have experienced many challenges. A prolonged period of distance learning and social isolation has made concepts such as relationship skills and social awareness difficult to teach and put into practice.

To address these gaps, Kaiser Permanente Educational Theatre created The Password, an interactive social emotional health virtual program that helps students increase their awareness of their emotional health and their capacity to recognize when they or others around them may need help.

Key Concepts

Through this program, students learn:

- Skills to recognize and regulate emotions
- To understand empathy and respect for others
- The importance of seeking help from trusted adults

To request this program, please complete our online form. For more information, please email us at educational-theatre@kp.org. Follow us on Twitter @thrivingschools.
About the Play

The Password tells the story of 3 elementary school students, who are struggling to adjust to life changes at home and school. When their teacher’s computer project goes awry, the students work together to help their teacher and, in the process, learn about empathy, supporting each other, and the importance of asking for help.

About the Workshop

The Password team will facilitate interactive games and activities to teach students how to check-in with themselves. As students learn to identify their emotions, they can better identify the emotions of others, building their capacity for empathy. Students learn that some experiences and emotions may be too big to handle on their own and are encouraged to use the password, “I need help!”

Program Information

Cost: Available at no charge

Audience: Elementary grades 3 to 6

Number of participants: Up to 300

2 modules: Facilitated video presentation and workshop

Time: 45 minutes each

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