

# Social Emotional Health

For grades 3 to 5



## About the program

The world today presents many challenges to the social emotional health of young people. For students who have spent their formative years navigating distance learning and social isolation, relationship skills and social awareness have become increasingly difficult to learn and put into practice.

To address these gaps, Kaiser Permanente Educational Theatre created *The Password*, a social emotional health program that helps students increase awareness of their emotions and their capacity to recognize when they or others around them may need help.

## Story Synopsis

*The Password* tells the story of a group of elementary school students struggling to adjust to life changes at home and school. When their teacher's computer project goes awry, the students have to work together to fix it, and in the process, learn about empathy, supporting each other, and the benefits of asking for help.

 Watch the trailer

## Cost

This program is available at no cost.

Educational Theatre is part of Kaiser Permanente's [Thriving Schools](#) initiative, which works to strengthen the health and well-being of school communities across the country, so every school succeeds, every employee excels, and every child thrives.

## Booking

This program offers a variety of in-person and virtual components with availability dependent on location. Please fill out our request form and a Booking Coordinator will contact you with more information.

 Fill out a request form

## Key Concepts

Through this program, students learn:

- Skills to recognize and regulate emotions
- To understand empathy and respect for others
- The benefits of seeking help from trusted adults

## Outcomes

The following results are from 183 teachers of student audiences surveyed in 2022.

